

# InStyle



## black book

**urban retreats** Do room service and a pay-per-view movie make a relaxing getaway? Perhaps, but these recently opened hotel spas take the notion of escape to a whole new level. You'll find everything from relaxation pools to moonlight massages to exotic body scrubs. Business travelers, beware: These metropolitan sanctuaries will compel you to become an even-more-frequent flier. —**Polly Blitzer**

### Los Angeles



**Luxe Hotel Sunset Boulevard** 11461 Sunset Blvd.; 310-691-7550 **opened** April 2004 **the scoop** This zen-style resort is the spa of the chic hotel down the road, where regulars Charlize Theron and Jennifer Love Hewitt stay. It boasts 16 massages from hot stone to reflexology (each less than \$100). An exfoliating facial (\$85 for 55 min.) with Guinot Radiance gel (left, \$38) will buff and smooth your skin with sugarcane, fruit enzymes and antioxidant green tea.

**La Prairie Spa at Beverly Hills Hotel**

### Austin, Texas

**Lake Austin Spa Resort**

### Houston

**Houstonian Trellis Spa**

### Las Vegas

**The Spa at Green Valley Ranch**